Pono Pies

Nutrition Facts

Serving Size: 1/2 pie (70g)
Servings Per Container: 2

Amount Per Serving

Calories 120	Calories from Fat 80
	% Daily Value*
Total Fat 8g	**12**%
Saturated Fat 6g	**30**%
Trans Fat 0g	
Cholesterol 0mg	**0**%
Sodium 25mg	**1**%
Total Carbohydrate 11g	**4**%
Dietary Fiber 2g	**8**%
Sugars 6g	
Protein 1g	

Vitamin A 0%	•	Vitamin C 10%
Calcium 2%	•	Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: BREADFRUIT, RAW, COCONUT OIL, HONEY, CASHEWS, MACADAMIA NUTS, ORGANIC CACAO POWDER, RAW, DRIED COCONUT, SOY LETHICIN, ORGANIC BOURBON MADAGASCAR VANILLA, SEA SALT

CONTAINS: SOY, CASHEW, MACADAMIA

MAUI BREADFRUIT COMPANY
60 E WAKEAAVE. #111
KAHULUI, HI. 96732
808 283-3718
PONOPIES.COM